



September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31		2 930a-10a Morning Aerobics 10a-11a Arts N Crafts 11a-1130a Bingo 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Story Circle	3 930a-10a Morning Aerobics 10a-1130a Trip About Town Waterworks Park 1130a-1230p Lunch 1230p-130p Open Game Room	4 930a-10a Morning Aerobics 10a-11a Baking 11a-1130a Arts N Crafts 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Bingo	5 930a-10a Morning Aerobics 10a-1130a Trip About Town Northgate Mall 1130a-1230p Lunch 1230p-130p Movie/Popcorn Social	6
7	8 930a-10a Chair Yoga 10a-1030a Painting 1030a-1130a Trip About Town Joyce Park 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Puzzle Time	9 930a-10a Morning Aerobics 10a-11a Arts N Crafts 11a-1130a Bingo 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Puzzle Time	10 930a-10a Morning Aerobics 10a-1130a Trip About Town Harbin Park 1130a-1230p Lunch 1230p-130p Open Game Room	11 930a-10a Morning Aerobics 10a-11a Baking 11a-1130a Story Time 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Bingo	12 930a-10a Morning Aerobics 10a-1130a Trip About Town Frostees at Wendy's! 1130a-1230p Lunch 1230p-130p Movie/ Ice Cream Social	13
14	15 930a-10a Morning Aerobics 10a-1030a Sensory Fun 1030a-1130a Trip About Town Fairfield Lane Library 1130a-1230p Lunch 1230p-1p Puzzle Time 1p-130p Music/ Dance	16 930a-10a Morning Aerobics 10a-11a Arts N Crafts 11a-1130a Bingo 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Story Circle	17 930a-10a Morning Aerobics 10a-1130a Trip About Town Park's Farm 1130a-1230p Lunch 1230p-130p Open Game Room	18 930a-10a Morning Aerobics 10a-11a Baking 11a-1130a Arts N Crafts 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Bingo	19 930a-10a Morning Aerobics 10a-1130a Trip About Town Chuck E Cheese 1130a-1230p Lunch 1230p-130p Movie/ Popcorn Social	20
21	22 930a-10a Morning Aerobics 10a-1030a Sensory Fun 1030a-1130a Trip About Town Heros Park 1130a-1230p Lunch 1230p-1p Puzzle Time 1p-130p Music/ Dance	23 930a-10a Morning Aerobics 10a-11a Arts N Crafts 11a-1130a Bingo 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Story Circle	24 930a-10a Morning Aerobics 10a-1130a Trip About Town Sharon Woods Museum 1130a-1230p Lunch 1230p-130p Open Game Room	25 930a-10a Morning Aerobics 10a-11a Baking 11a-1130a Story Time 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Bingo	26 930a-10a Morning Aerobics 10a-1130a Trip About Town Jungle Jims 1130a-1230p Lunch 1230p-130p Movie/ Ice Cream Social	27
28	29 930a-10a Morning Aerobics 10a-1030a Sensory Fun 1030a-1130a Trip About Town Forest Park Library 1130a-1230p Lunch 1230p-1p Puzzle Time 1p-130p Music/Dance	30 930a-10a Morning Aerobics 10a-11a Arts N Crafts 11a-1130a Bingo 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Story Circle	1 930a-10a Morning Aerobics 10a-1130a Trip About Town Petland 1130a-1230p Lunch 1230p-130p Open Game Room	2 930a-10a Morning Aerobics 10a-11a Baking 11a-1130a Story time 1130a-1230p Lunch 1230p-1p Sunshine Walk 1p-130p Bingo	3 930a-10a Morning Aerobics 10a-1130a Trip About Town McDonalds 1130a-1230p Lunch 1230p-130p Movie/ Popcorn Social	4

*Activities may be subject to change due to the weather

